

**N**avajo

**P**reparatory

**S**chool

# Student Support and Language Programs

- **Student Support and Language Services**

- Behavioral health team for the social and emotional well-being of students here at NPS
- Student Support Coordinators and Specialists are a part of the Residential Department
- Rod Denetso is the Director of this Department.

- **Educational activities include:**

- Suicide prevention
- Healthy relationship programs
- Bullying preventions
- Wellness Wednesday
  - provides skills to students to learn more about themselves
  - more insightful
  - better judgement while being engaged with their peers
  - familiarity with the Kid Grit Program

- **Early Intervention and Crisis Response**

- Student Support Services offers immediate interventions received by Referrals on campus and from parents.
- Parent/guardian(s) are responsible to Notify the Principle or Dean of Student Life of any changes or situations that maybe stressful for a student such as: family emergency, illness, divorce, death, or abuse. This alerts our support team, and we can support that student.

## Natural Helpers

- Peer-to-Peer support group offers support to all students needing help. These Student Helpers are there for these students needing a peer support person

# Support Services

- **Confidential Services for Minors**

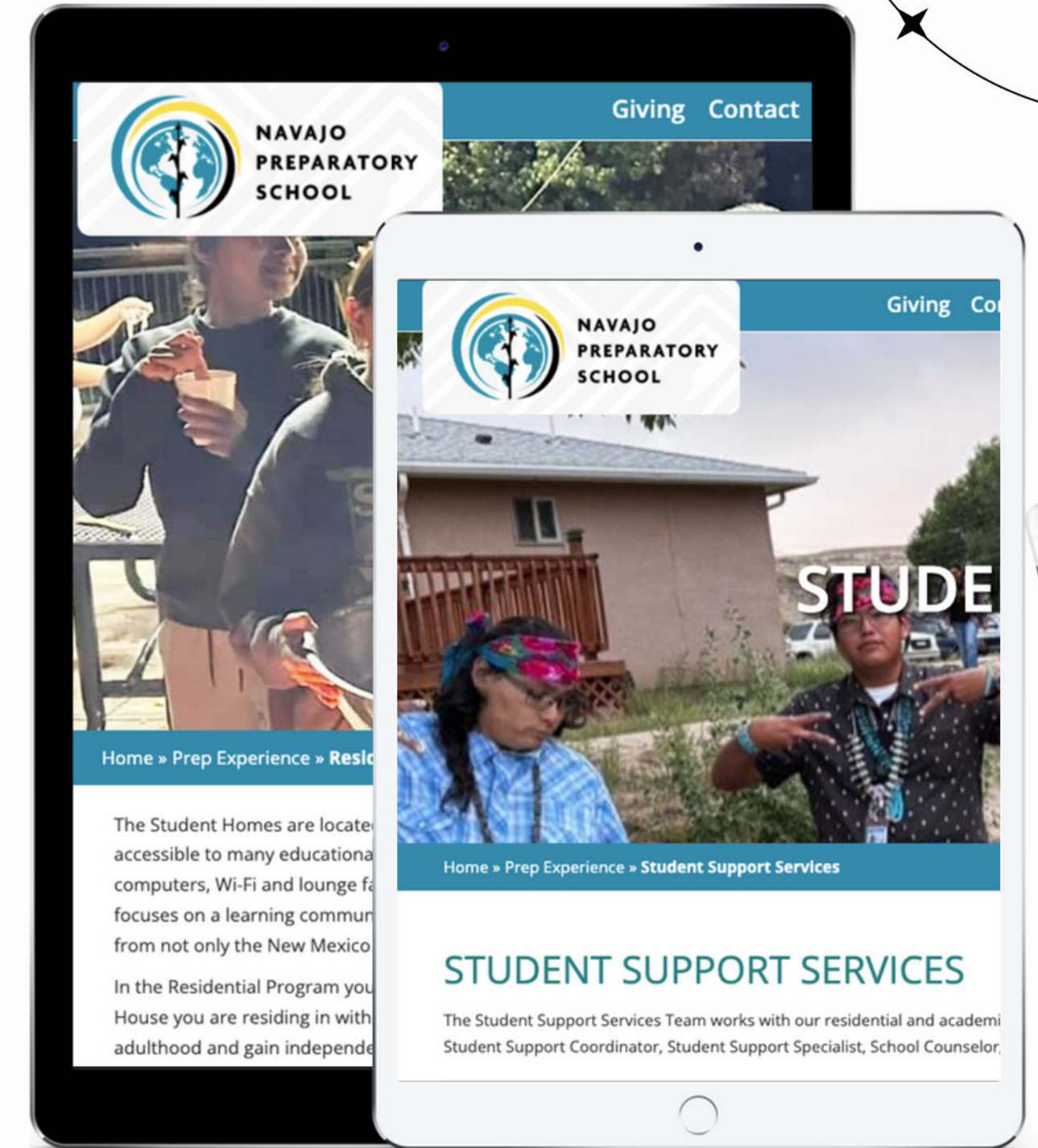
- NM State Law: students 14 years and older may receive confidential health services without the knowledge or consent of parent/guardian(s). Ex. Crisis Intervention, Mental Health Counseling (individuals and groups), Alcohol and Substance Abuse Counseling.

- **Counseling and Mental Health Referral**

- NPS staff may suspect a student is in need of care:
  - Internal referral form is filled out and referral is made for behavioral health.
  - Student will have to have parental consent forms signed to receive these services and Confidential Services for Minors in NM,

- **BIT Referral and SIT Team**

- Student Support referral:
  - Report icon will be located on the NPS Website.
  - The icon is for making a referral for a student of concern.
  - The BIT Team was created to provide caring and preventive, early intervention with individuals with behaviors that are disruptive or concerning.
  - The BIT team is an interdisciplinary committee of NPS Professional staff who meet weekly and as needed.



# Student Support Services

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**Encourage**  
students to get  
involved with  
after school  
activities

**Prioritize**  
well-being for  
your students and  
yourself

**Build**  
safe, supportive,  
and equitable  
learning  
environment

**Help**  
students develop  
essential self-  
awareness, self-control,  
and interpersonal skills  
that will help them  
succeed in school and  
in life.

**Empower**  
students to take  
ownership of their  
learning

**Create**  
positive classroom  
experiences for  
students impacted  
by trauma

With our numerous, customized options for on-site and virtual professional development, we cultivate a supportive school community that meets every student's learning needs.

Our support team will equip students with customized toolkits of skills and resources for fostering whole-child development and ensuring a compassionate, positive learning environment where all students thrive.

# Tips When Talking About Grief

Talking to a child about grief can be challenging, but it's important to approach the conversation with sensitivity and honesty.

Being present and providing ongoing support will help your child navigate their grief in a healthy way.

- **Create a Safe Space**
  - Choose a quiet, comfortable place where your child feels safe to express their feelings. Make sure there are no distractions.
- **Use Simple, Honest Language**
  - Explain what happened in clear, age-appropriate terms. Avoid phrases like "gone to sleep" or "passed away," which can confuse young children.
- **Encourage Questions**
  - Let your child ask questions and answer them as honestly as possible. If you don't know the answer, it's okay to say so.
- **Acknowledge Their Feelings**
  - Validate your child's emotions, whether they're sad, angry, confused, or even indifferent. Let them know that all feelings are okay.
- **Share Your Own Feelings**
  - It's okay to show your emotions. Sharing your feelings can help your child understand that grieving is normal and healthy.
- **Be Patient**
  - Grief is a process, and children may not fully understand or process it immediately. They might ask the same questions repeatedly as they try to make sense of their loss.
- **Maintain Routines**
  - Keeping some normalcy in your child's life can provide comfort and security during a time of change and uncertainty.
- **Offer Comfort and Reassurance**
  - Reassure your child that they are safe and loved. Remind them that it's okay to feel sad, but also that it's okay to feel happy and play, too.
- **Use Books or Stories**
  - Sometimes, reading a book or telling a story about grief can help a child understand and process their feelings.
- **Seeking Professional Help**
  - If your child seems particularly distressed or their grief is interfering with their daily life, consider reaching out to a counselor or therapist who specializes in children's grief.



# Resources

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