

# February 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Wk - 1	30	31	1 Posole, WG Tortilla, Pico De Gallo	2 Chicken Stir Fry, Japanese Vegetable Blend, Egg Roll, Cantaloup	3 Frito-Pie, Fourway Vegetable Blend, Fresh Strawberries	4
5 Wk-2	6 Terriyaki chicken, brown rice, egg roll, Stir fry veg mix, Fresh Grapes	7 Pizza, Hot-wings, Pasta Salad, Honey Dew	8 Shredded BBQ Pork Sandwich, Italian Pasta Salad, Pineapple	9 Chili dogs ,french fries, corn on cob , Cantaloup	10 Chicken tender, Potato Wedges, Strawberries	11
12 Wk-3	13 Shredded beef soft taco , roasted corn, Fresh Grapes	14 Chicken Alfredo, Green Beans, Bread Twist, Honey Dew	15 Spicy chicken sandwich, French fries, Pineapple	16 Yangs Chicken Stir Fry, Oriental Vegetable, Egg Roll, Cantaloup	17 Pizza, sweet potato fry, Strawberries	18
19 Wk-4	20 Meatballs w/Mushroom Gravy, Mashed potato, Green Beans, Garlic Bread, Fresh Grapes	21 Chicken Fajitas, Mexicali Corn, Honey Dew	22 BBQ pulled pork, Whole wheat Bun, sweet potato fry Broccoli, Pineapple	23 Beef and Broccoli, Rice, Cantaloup	24 Hamburger Sandwich, French Fries, Strawberries	25
26 Wk-5	27 Sloppy Joes, Roasted Corn, Fresh Grapes	28 Green Chili Chicken enchilladas, Honey Dew	1	2	3	4
5	6	<p><b>LUNCH:</b></p> <p><b>SALAD BAR:</b> Romaine, Spring Mix, Shredded Carrots/Sticks, Broccoli, Cucumbers, Assorted Bell Peppers, Cherry Tomatoes, Cheese Shredded, Mozz Cheese, Yellow Chili Bananas, Black Olives, Green Olives, Jalopenos, Eggs Frozen Diced, Bacon Bits, Ham, Chicken, Pepperoncini, Oriental Noodle, Croutons, Crackers, Canned Fruits. <b>DRESSING:</b> Ranch, Italian, Thousand Island,</p>				