



Navajo Prep Athletics

Student Athlete Expectations



Student athletes will be committed to the school athletic program

- Maintaining high academic standards.
- Following the rules set by the coaches and the school.
- Participating enthusiastically.
- Making appropriate personal sacrifices for the good of the team.
- Recognizing that student participation in athletics is a privilege.
- Setting challenging and realistic goals.
- Developing a winning attitude.
- Being committed to skill development in their sport.

Student athletes will communicate openly and honestly with respect for coaches, teammates, parents, officials, and opponents by:

- Developing a team attitude.
- Being coachable and open to constructive feedback.
- Sharing appropriate individual and team concerns with the coaching staff.

Student athletes will demonstrate good citizenship and sportsmanship by:

- Behaving with integrity.
- Exhibiting pride in their team and school.
- Playing by the rules.
- Accepting responsibility as a role model for others.
- Supporting other sports and under-level teams.
- Playing with dignity and grace, regardless of winning or losing.

Student athletes will develop and maintain mental and physical (health) behaviors by:

- Being alcohol and drug free.
- Practicing self-discipline.
- Demonstrating good personal health habits.
- Dealing with challenges in a positive manner.

I, _____ have read the Student-Athlete Expectations and will

Athlete's Printed Name

commit myself to these standards and expectations. If I have a problem or need help fulfilling this contract, I understand the coaches, administrators and/or counselors will be available to help me. I pledge to follow all the rules and policies and to help all my teammates abide by the same athletic rules and policies.

Athlete Signature

Date